

WEEK 2 CAMILLUS RIDGE TERRACE SPRING /SUMMER MENU 2024 REGULAR /NO ADDED SALT /NO CONCENTRATED SWEETS /LACTOSE FREE/VEGETARIAN							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfst</b>	Blueberry Pancakes 2 Sausage Link 2 Fruit 1/2 c Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz	Grilled Ham 2oz Choice Of Egg 2 Toast 2 Fruit 1/2c Juice 4 oz	Fresh Warm Muffin 1 Scrambled Eggs 1/2 cup Fruit 1/2c Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz	French Toast 2 Bacon 2 Fruit 1/2 c Juice 4 oz	Cream of Wheat 1/2 c Choice of Egg 2 Wheat Toast 1 Fruit 1/2 c Juice 4oz
<b>LUNCH</b>	BBQ Chicken 3 oz Potato Salad 1/2c Tom & Cuc Salad 1/2c Roll 1 Cream puff 1 NCS cream puff 1	Beef tips w/gravy 4oz Over noodles 1/2c peas 1/2c warm roll 1 Peach crisp 1/2c NCS Peach crisp 1/2c	Cheese Raviolis 4oz green beans 1/2c Breadstick 1 Cupcake 1 NCS Cupcake 1	Tender BBQ Riblet 3oz Salt potatoes 1/2c Baked beans 1/2c Corn bread 1 Marble Cake 1 NCS Cake 1	Hot open turkey sand 6oz Mashed potatoes 1/2c Carrots 1/2c Carnberry sauce 1oz Chef Choice Pie 1 NCS Pie 1	Breaded shrimp 3oz French Fries 1/2 c CRT- Coleslaw 1/2 cup Cheddar Biscuit 1 Ice Cream Cake 1 NCS Ice cream 1	Cold Plate-Egg salad, tuna salad, cottage cheese 6oz Sliced Cucumber 2 Fruit 1/2c Muffin 1 Tapioca Pudding 1/2c NCS Pudding 1/2c
<b>DINNER</b>	Sub Sandwich - 4 oz. w/ Turkey, Salami Swiss, pepper, tom, Onion, Lettuce Chips 1/2c Turnovers - 1 NCS turnover 1	Reuben sandwich 4oz tator tots 1/2c pickle spear 1 Ice cream scoop w/sauce NCS ice cream scoop	Lemon Chicken 4oz Rice Pilaf 1/2c Green Beans 1/2c Brownie 1 NCS Brownie 1	Philly steak w/cheese, peppers, onions 4oz pickles spears 1 steak fries 1/2c Choc. Chip cookies 2 NCS cookies 2	Grilled Cheese 4oz Tomato Soup 1/2c Fruit 1/2c Potatoe chips 1/2c Fruited jello 1/2c NCS fruited jello 1/2c	Crisy Chicken Tenders 3 Tater Tots 1/2c applesuace 1/2c Chef's cake 1 NCS Chef's cake 1	Grilled Turkey Burger W/ Let & Tom 6oz Green Beans 1/2c Warm Pears 1/2c Chips 1/2c Cookies 2 NCS Cookies 2

**\*\*\*Regular and Decaffeinated Coffee and Tea, Juice, Milk and Ice Water offered and available at all meals.**

**Snacks Available:** Lorna Doones                      Fig Newtons                      Applesauce                      Saltine crackers                      Graham crackers

Approved as written 7/22/24

*Bonny Bell/nc, RD, LDN*